

Gawler and Districts 4WD Club Incorporated is an active and supporting member of Four Wheel Drive South Australia



XMAS Mannum December 2012

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WELCOME

to the Gawler & Districts 4WD Club

Previously known as "The Light Four Wheel Drive Club of SA Inc." this active 4WD club was founded in 2002. Members voted at the March 2008 meeting to change the club's name and meet at Gawler to give the club a more recognizable name and a more central meeting place.

It has become a very social club and has run many a successful day, week-end, long week-end and extended trips. We are a member of the Four Wheel Drive South Australia which incorporates the Driver Training Unit. Most meetings include a Guest Speaker and a monthly club newsletter.

If you are a visitor to tonight's meeting, we welcome you and your family to our club. Please ask as many questions as you want. You can join us on up to 3 club outings before becoming a member. Trip Leaders run each outing and will be glad to help you with tips on four wheel driving and how to get the best from your vehicle. If you would like to join us on any trips and enjoy what 4WD can really bring, please fill out your details on our Trip Sheet/s.

The Club meets every second Friday in the month at 7.30 pm at the Gawler Elderly Centre Hall in Fourteenth Street, Gawler.

The meeting dates are shown on page 3 of this newsletter.

Annual membership fees are \$60 per vehicle/family, plus \$10 joining fee.



Gawler & Districts 4WD Club Inc. P.O. Box 486 Freeling SA 5372

Enquiries Contacts: President & Secretary 0410 526 317 (Peter - President) 08 8523 2507 (Deb – Secretary) EMAIL: <u>info@gawler4wd.com.au</u> WEB: <u>www.gawler4wd.com.au</u> COMMITTEE MEMBERS

PRESIDENT/PUBLIC OFFICER Peter : 8523 0889 or 0410 526 317	VICE PRESIDENT Wayne : 8523 0407 or 0432 339 213				
TREASURER Quenton : 8523 2507 or 0407 604 601	SECRETARY Deb : 8523 2507				
EDITOR Sandra : 8523 0889	MINUTES SECRETARY Lyn Li : 0418 826 156 Lyn Le : 8524 9002 or 0403 332 432				
PUBLISHER Chris : 8280 7414 or 0438 223 724	TRIPS/PROPERTY LIBRARIAN CO-ORDINATOR Dave R : 8525 2765 or 0419 992 881				
SOCIAL SECRETARIES Jane : 8523 0657 or 0409 091 851 Sandra : 8523 0889	TRAINING CO-ORDINATOR DTU DELEGATE Dave H : 0411 772 226				
WELCOMING OFFICERS Keryn / Norma SUPPORTING COMMITTEE Keryn	ASSOCIATION DELEGATE To be advised				

SCHEDULE OF MEETINGS

<u>2013</u>

Meeting	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
General		8	1	12	10	14	12	9	13	11	8	13
Committee	30	20		3	1	5	3		4	2		4
Committee							31			30		

NOTE: DEADLINE TIME - All newsletter articles to the Editor before Committee Meeting date

Club committee meetings commence at 7:30pm on the scheduled Wednesday, on a rotating basis, held at various committee members' homes. All club members welcome.

LAST GENERAL MEETING

December 2012

See the attached Minutes (members only)

NOTES FROM YOUR COMMITTEE

President's report:

Gee, are we in February already? I hope that everyone had a good break and managed to get some of the December / January goals met.

There were about 7 vehicles that got together for the Australia day weekend camp at Milang; we'll be looking forward to hearing all about the first club trip of the year.

Although we have a few trips on the calendar, there is still plenty of room for more. If you have any specific areas you would like to visit, please let Dave Riddle know. Even if you might not want to lead a trip, sometimes it only needs a suggestion to get a trip up and running. Of course, if you want to know more about the roles and responsibilities of being a trip leader, don't forget to sign up for the course that Dave and Karen Hall are running next month.

This is your club and the elected committee is here to help with the running of the club. If there is something bothering you or, perhaps, something you like to see done differently, please contact me or one of the committee members. We always welcome constructive input and, while we might not be able to implement all ideas, we will certainly give them a go.

Pete

Editor's report:

I hope you all had a very enjoyable Christmas/Summer break and you are now looking forward to a great year ahead. Let's see what enjoyable memories 2013 will bring!!

The Royal Society for the Blind had to cancel their April visit due to ongoing illness of the presenter and the puppy not being ready. If anyone has any ideas for a speaker for April please put your suggestions forward to a committee member. Thank you. We also have a couple of proposed visitors/visit for the year – these have yet to be confirmed so please watch that space.

The Zumba lady will be our visitor for February. If you are feeling energetic please feel free to join in – just remember to dress accordingly.

As Pete has already mentioned, if there is anything you would like to see included in your newsletter please let us know. Inputs are always welcome. Thank you.

GAWLER & DISTRICTS 4WD CLUB

Stickers For Sale – Only \$2.00 each

Magnetic Name Badges - \$10 each

See **Quenton** at the General Meeting



Clean up Australia Day	Sunday 3 March 2013
Activities:	Clean up Henry Chenoweth Park
Requirements:	Bring gloves and own tongs, be sun smart and bring your own drinks for morning tea. Cake to be supplied.
Time:	9.00 am to 11.00 am
Meeting Place:	Elderly Centre car park
Easter Weekend	Good Friday 29 March to Easter Monday 1 April 2013
Where:	Horseshoe Top End, Southern Flinders Ranges
Trip Details & Requirements:	Caravans, campers, tents, swags, etc. Recovery gear and UHF radio are a must. Please be self sufficient as we are camping at a bush site on the property. Eco toilet at the campsite. New shower block is available for our use approx. 1km from the campsite. Please bring your own morning tea for Friday as there may not be anything open.
Costs:	Camping fees are \$15.00 per person per night and \$7.50 per child per night. Track cost is a once off of \$50.00 per vehicle.
Website:	horseshoetopend.com.au
Meeting Place:	Car park at Tarlee on Good Friday. Time will be advised later.
Activities:	4WD and whatever else the trip leader comes up with.
Trip Leaders:	Jane , phone 0409 091 851, and trusty helper John

Peake Training Weekend	Saturday 18 & Sunday 19 May 2013
Trip Limit:	Members only (training weekend only)
Trip Details & Requirement:	Sand driving, caravans, campers, tents. Need to be self sufficient. Sand flag, compressor, shovel and rated recovery points, UHF radio. Bring warm clothing and wood.
Cost:	\$20.00 per vehicle per night, \$10.00 deposit required (refundable up to 1 meeting beforehand.)
Meeting Place:	Back of Shell Roadhouse at Tailem Bend on Saturday 18th, ready to leave at 9.00 am sharp.
Trip Leader:	Dave & Karen – Phone: 8524 3508 or 0411 772 226

Kookaburra Creek Melrose	June Long Weekend – Saturday 8 to Monday 10 June 2013
Trip Limit:	10-12 vehicles
Trip Details & Requirements:	Bush camping, no power, warm clothes. Firewood available for small donation. Bridal track free, other tracks may have a small fee. <i>More details to follow.</i>
Cost:	Reduced to \$8.00 per adult per night. Children up to 18 years free. (\$100 deposit required to secure site)
Website:	www.kookaburracreekretreat.com.au
Trip Leader:	Max 0427 807 066

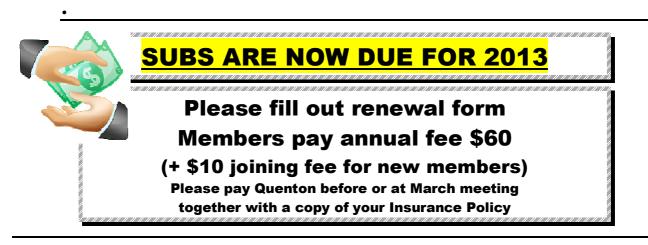
Fundraising BBQ	Saturday 6 July 2013
Where:	Woolworths, Gawler (Please keep this date free as we will need volunteers to help with the BBQ.)

Road Safety Centre Police Barracks	Friday, 12 July 2013
Where:	Thebarton Police Barracks General Meeting to be held at the venue
Activities:	Facilities to cook BBQ from 6.30 pm Talks on 4WD modifications, safe towing practices, vehicle loads and oversized tyres plus lift kits.
	Everyone welcome.

Morgan Training Weekend	Saturday 26 and Sunday 27 October 2013
Trip Limit:	Members only (training weekend only)
Trip Details & Requirements:	Rocky terrain, inclines, declines, recovery. Staying at the Morgan Caravan Park, contact no: 8540 2207. Rated recovery points, recovery equipment, eg: snatch straps, high lift jack, shovel, etc.
Cost:	\$22.00 per night (unpowered site) and \$28.00 per night (powered site) site)
Meeting Place:	The Industrial Park, Willaston, northern outskirts of Gawler. Ready to leave at 8.00 am sharp.
Trip Leader:	Dave & Karen – Phone 8524 3508 or 0411 772 226

PROPOSED TRIPS:

- Punyelroo in lower Riverland
- Mystery trail: Details TBA at a later date. Trip Leader: Keryn
- Warraweena: Proposed for September 2013 Trip Leader: Dave R (To be confirmed)
- Easter 2013: <u>Now changed to Horseshoe Range</u>, Flinders Ranges. Trip Leader: Jane – see details under "Coming events."
- July 2014: Proposed trip to Cape York. Leader Dave R



New guide to assist caravan and camper trailer buyers

The Caravan Council of Australia has prepared a simple, but comprehensive, step-by-step guide to assist buyers in the process of deciding on what vehicle to buy, and ensuring that the vehicle is exactly what they want.

To down-load the full check list go to the CCA website <u>www.caravancouncil.com.au</u> click the "BUYERS" button, and then click the "Down-Load" button. The document is freely available. Should any potential buyer need a hand they may engage the *CCA* to provide an experienced technical consultant to assist them for a reasonable fee.



Got any 4WD related photos you would like to share with other Club members?

Please bring them along to one of our meetings either on CD or memory stick and the publisher will prepare them for display upon our website for all to share!

THANKS

(Don't worry about compressing the photos. Most picture formats supported including JPG, BMP, GIF, TIFF etc.)



INFORMATION ON OTHER EVENTS

Bri Glen

If anyone is interested in camping at **Bri Glen** please contact Brian Sambell direct to make arrangements. If you would like to organise a group trip to **Bri-Glen**, discuss with Brian first and then we can promote the trip within the club.

Contact Brian directly on 8522 2871

SA Caravan & Camping and Outdoor Adventure Show

20th – 24th February 2013

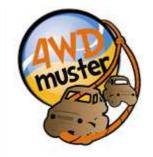
AN & CAMB Stassociation of stassociation of stassociation of stassociation of states of the states o		Camping Show will tie in with the SA Outdoor o bring South Australia two great shows in one.
	Opening Times:	10am - 6pm daily
	Entry Cost:	Adults \$13, Concessions \$11, Children under 15 free with adult. Save \$1 when book online!
	Entry Gate/s:	Kidman Gate, Stirling Angas Gate, Wayville Gate & Ridley Gate
	Organiser Web:	http://www.caravanandcampingsa.com/

4WD Muster 2013

Friday 12 April to Sunday 14 April 2013

Proudly supporting, and all proceeds to: Variety, the children's charity

They need more than 1,000 plus 4WD's to create the world record and it's all about raising funds for Variety



Where:	Lardner Park, Warragul, Victoria
What's On:	4WD escorted trips; 4WD demonstrations, 4WD skill tests; 4WD competitions; 4WD exhibitors; 4WD test track, Children's activities, food and entertainment and The Muster.
More Details:	Check out the event website, <u>http://www.4wdmuster.org.au</u> where you can sign up members and families as registered attendees.

GUEST SPEAKERS



These guest speakers have kindly agreed to
talk with us (at the following general
meetings):February:Zumba Gold TrainerMarch:Dave H – Trip Leaders Training NightAprilRSB has had to cancel – will re-schedule

for another time. April speaker needed!

Proposed speaker Steve Johnson re VKS and Sat Phones, etc. (to be confirmed)

November Proposed visit to Johnno's new store in Nuriootpa (to be confirmed)

RAFFLE ROSTER

We ask if all members could kindly donate an item for a raffle prize each month to approx value of \$15. These can be given to the Social Committee (Michele or Jane) any time. Thank you.

May

DECEMBER 2012	FEBRUARY 2013	MARCH 2013
Martin K	John & Karyn M	George M
Max & Lyn Le	Ian & Claire M	Dave & Michele R
Lyn Li	Paul & Michelle M	Bronte & Norma R

Want to advertise in our Newsletter?



Contact our editor <u>editor@gawler4wd.com.au</u> for details [Fees apply and payment has to be made prior to printing]

A little Brain Teaser taken from an email.....

Good example of a Brain Study: If you can read this OUT LOUD you have a strong mind. And better than that: Alzheimer's is a long, long, ways down the road before it ever gets anywhere near you.

To my "selected" strange-minded friends

If you can read the following paragraph, forward it on to your friends and the person that sent it to you with 'yes' in the subject line. Only very good minds can read this.

This is weird, but interesting!

7H15 M3554G3 53RV35 70 PR0V3 HOW OUR M1ND5 C4N D0 4M4Z1NG 7H1NG5! 1MPR3551V3 7H1NG5! 1N 7H3 B3G1NN1NG 17 WA5 H4RD BU7 NOW, ON 7H15 LIN3 YOUR MIND 15 R34D1NG 17 4U70M471C4LLY W17H 0U7 3V3N 7H1NK1NG 4B0U7 17. **B3 PROUD! ONLY** C3R741N P30PL3 C4N R3AD 7H15. PL3453 FORW4RD 1F U C4N R34D 7H15.

If you can read this, you have a strange mind, too. Only 55 people out of 100 can.

I cdnuolt blveiee that I cluod aulaclty uesdnatnrd what I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in what oerdr the Itteres in a word are, the olny iproamtnt tihng is that the frsit and last Itteer be in the rghit pclae. The rset can be a taotl mses and you can still raed it whotuit a pboerlm. This is bcuseae the huamn mnid deos not raed ervey Iteter by istlef, but the word as a wlohe. Azanmig huh? Yaeh and I awlyas tghuhot slpeling was ipmorantt!

SPONSOR ACKNOWLEDGEMENTS

IM-PRESS Promotions Gawler All embroidered with club logo	Gawler Fishing & Outdoors 48 Murray St Gawler SA 5118 Phone 08 8522 6200 fishnout@bigpond.net.au
60 Adelaide Rd Gawler SA 5118 Ph: 8522 2156 Open Mon – Fri 9.00am - 5.00pm POLO SHIRTS WINDCHEATERS CAPS and BEANIES	Club Discount with club card applies to all non-special items *Fishing Tackle *Fridge / Freezers *Guns & ammo *Binoculars *Knives *Camping gear *GPS systems *Swags *Marine *Repairs
La Dolce Vita Restaurant 'a taste of Italy' Great atmosphere -La carte menu Intervention of the second seco	The Gawler and Districts 4WD Club would like thank the Wurth Group and their representative, Neil Burton for kindly donating Wurth products to the club for use as prizes. Anyone interested in any products from the Wurth product range should check out their website: www.wurth.com.au Contact Neil Burton Ph 0400 075 227 to order any of their products.



The Gawler and Districts 4WD Club would Ike thank Johnno's Camper Trailers for kindly donating some CGear Matting to the

club for use as prizes. Anyone interested in any camper trailers, camping gear or camping products should contact Johnno's Camper Trailers.

Check out their website <u>www.campertrailer.com.au</u> or contact *Brian or Susan* on 08-8562 8370.

gawler mechanical

For all your vehicle maintenance

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Ph 8522 4655

Log book servicing • Brakes • Transmission

Head Repairs

Apr 2013

Servicing • Radiators • Suspension

Starter Motors • Alternators • Brakes

CV Joints • Engine Building •

pleasant memories

Photography by Barbara Hoffman - Ph: 0411 413 497 Email: pleasantmemories@mail.com Facebook.com/pleasant.memories.photography www.pleasantmemoriesphotography.com

Pleasant Memories Photography photo package prices - July 2012 - June 2013

Family portrait - \$95.00

This package includes a CD with all photographs taken on the day with no copy rights. A non-refundable deposit of \$40 required at time of booking with final payment on delivery of CD.

Family portraits can be taken in the comfort of your own home, at a local park or another location you choose - the choice is up to you as these are your special memories to keep.

Wedding photography - \$750.00

This package includes a CD with all photographs taken on the day with no copy rights, plus a complimentary photo book to share with your family and friends. A non-refundable deposit of \$250 at time of booking, a further \$250 due 4 weeks prior to the wedding date when we meet to go over the final details for your special day and the final payment of \$250 on delivery of CD (no later than 1 month after the wedding date)

I will stay with you all day from when you are getting ready until your reception.

Feb 2013



CHECK OUT OUR SPONSORS and ADVERTS Maybe you have something at home you

Contact us for details

would like to sell.

TIP OF THE MONTH



A second tent, just a cheapie, can be used as a play room, pantry or store room.

Freeze soups and sauces in zip-lock bags - they make great ice bricks and save on washing up.

DEHYDRATION DEMENTIA

Taken from "Westprint Friday Five" dated 4.1.2013

An article to make you think

An article in the December issue of 4x4 Australia by survival expert Bob Cooper raises some interesting comments on dehydration and survival and is an article that should be read by all of us who go outback, for an afternoon bushwalk or even a drive in the car. One paragraph discusses water management - in this he says: Quote" most people don't know how much water they should consume a day just in domestic situations, let alone in extreme heat or even just in normal bush-walking or picnicking. Sipping doesn't prevent dehydration would be the other thing people don't understand, don't appreciate, and the effects on your metabolism.

The first organ to suffer from dehydration is your brain and the loss of two litres of body fluid, which can happen in an hour, can impair your ability to think clearly by 25 percent, so then you become irrational and if you keep sipping water and become more dehydrated you can suffer from a thing called dehydration dementia and that's often why they have to have a coroner to come and make some sense out of a death because it doesn't make sense (what the deceased people have done) but they were suffering from dehydration dementia - and just not knowing that has killed people, and they've died with water in their water bottles because they've sipped it, trying to make it last, instead of drinking it when they needed it.

He also goes on to say with regard to any water consumption - never sip. Drink a cupful at a time, if you sip water the first mouthful goes to your digestion, the second to your liver and kidneys and none gets to your brain" End quote

Robyn Davidson in her book "Tracks" writes: "How deceptive this country was. And the extremes on temperature were something to be felt to be believed. From those pale icy below zero dawns, to boiling mid-day, to the settling longed-for cool of evening and back to the crystal cold of night. I learnt to shiver myself warm.

The other thing I learnt was not to drink during the day. I would have four or five mugs of tea in the morning, maybe a short drink (half a cup) at midday, and then nothing until I camped at night, when I would quaff down eight or nine cups of liquid. It is strange that, when the sun and the dry air suck gallons of sweat out of you during the day, the more you drink the thirstier you become". End quote.

Here again cups of liquid, not sips is food for thought. When we drive in our air-conditioned four wheel drives or cars, perhaps long distances and in many cases directly into the sun, sipping water, it makes you wonder about driver fatigue and tiredness relative to the effect on the brain of perhaps dehydration dementia. Too much for me, maybe the medical experts would like to comment.



May 2013



NOTICE BOARD



PLEASE NOTE

THIS YEARS PHOTO COMPETITION

The committee has decided that the photo competition this year will be run by John J and it is proposed, as in the past, to include photos taken on Club Trips and also a Funny Photos section. More details are to follow.

Please label on the back of each photo your name and where the photo was taken. Photos should be a copy (not original). Size 15cm × 10cm (6" × 4") and it's never too early to start sending them in.

(Please note that all judging is impartial and carried out by our sponsors Gawler Fishing & Outdoors)

ALSO

TRIP REPORT COMPETITION



It is proposed to run a fun Trip Report lottery this year in conjunction with the photo competition.

It doesn't matter whether the report is long or short, whether you have written one or more reports, your name will go in the "hat" for each report that is written and a winner will be drawn out of the hat at the end of the year at the Christmas Show BBQ. So the more reports you write the better your chances of winning!

There will be a prize, so please, get writing!!!

TRIP REPORTS

Australia Day Long Weekend, January 2013 – Milang

John and I were fortunate enough to leave on Thursday, having an extra long weekend. Friday saw the arrival of Nick, Kerrie, Kaleb & Ally, Paul, James & Michael, Darryll and Joan, Wayne & Sandra, Brent, Keryn and Will, Roy & Bronwyn. Max and Lyn were the last of our group arriving on Saturday. The Corellas sure did their best to welcome us all and provided us with plenty of calling cards and we certainly did not need any alarm clocks!



The caravan park is in a beautiful spot and it was quite a novelty to have some green grass and lawn around our site. Lake Alexandrina was just a short stroll across the road and set the scene for some great photo opportunities.

Australia Day turned the park into a sea of Australian flags in all shapes and sizes. Some members were decked out in hats, Sunnies shorts.



Sunday morning some of the ladies went off the Goolwa Markets.

Others relaxed and watched the Yachts sale off in the race from Milang to Goolwa. They made a spectacular sight. John, Nick, Paul, James and Michael decided to try their luck fishing. James had the



most success and of course the biggest ones all got away!

All too soon it was Monday morning and a couple of keen photographers Sandra and John were already up taking pictures of the sunrise. Roy & Bronwyn, Darryll & Joan were lucky enough to stay a couple of extra days while the rest of us slowly packed to head home.

A very pleasant weekend was had by all. Thank you all for your company and we look forward to our next club trip.

[Jane and John]

Nuts and Bolts Day with Wanderers

A couple of us went along to the "annual" Nuts and Bolts day run by Geoff and Jeanne Boundy from the Wanderers 4WD Club. Geoff has a wealth of 4WD experience and is certainly a bush mechanic who would be welcome on any trip. This year, among other things, saw demonstrations of:

- Welding using 2 batteries connected in series (ie 24v)
- Repairing radiators using Roof and Gutter sealant
- Transferring transmission oil using a foot / bike pump, and
- Safety caps for gas bottles.

[Pete]

WORLD'S GREATEST

SHAVE

Come and support BRONTE RIVETT & SANDRA MACKIE As they participate in the World's Greatest Shave for

THE LEUKEMIA FOUNDATION.

All donations will be gratefully accepted. COME & SEE BRONTE & SANDRA AT THE FREELING OVAL AT THE FREELING MARKET ON MARCH 17TH, 2013 THE SHAVE WILL BE AT 12.00 – 12.30 P.M.

And now for something lighthearted also taken from Westprint Friday Five dated 1.4.2013

Friday Funnies

Q: Why did the math book visit the doctor? A: Because it had problems.

Q: Why are cakes similar to baseball teams? A: They both need good batters.

Q: Why was the Energizer Bunny arrested? A: He was charged with battery.

Q: There are 2 cowboys in the kitchen. Which one is the real cowboy? A: The one on the range

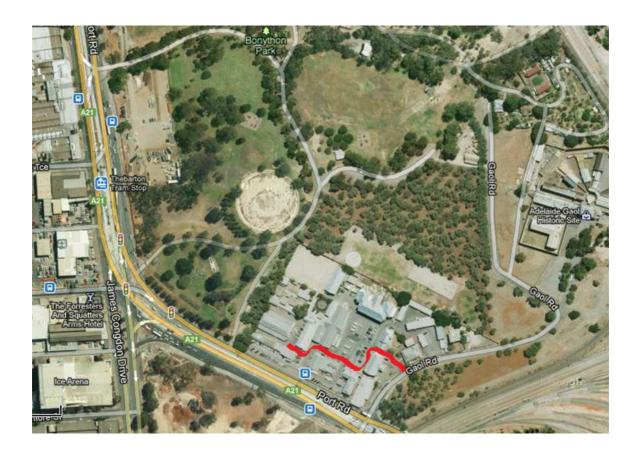
A small boy stunned his parents after church one Sunday when he began to empty his pockets of nickels, dimes, and quarters. Finally his mother asked the obvious question: "Where did you get all that money?"

"At Sunday school," the boy replied enthusiastically. "They got bowls of it!"

FOR INFORMATION FOR CLUB MEMBERS

In January 2013 SA POLICE will officially open the 'Road Safety Centre' which is currently being built at the Thebarton Police Barracks on Port Road, Thebarton. The Gawler and Districts 4WD Club plans to hold its July Meeting at the Road Safety Centre (See details in COMING EVENTS on Page 6).

Road Safety Centre	Friday, 12 July 2013
Police Barracks	



The SA Police 'Road Safety Centre' is situated at the Thebarton Barracks, Port Road, Thebarton, on the south west boundary with Bonython Park.

Parking is available after hours along Gaol Road and in the Bonython Park car park area nearest to the Thebarton Barracks. Entry to this car park area is from Port Road opposite Coca Cola, but check with Police first for car park closing times.

Entry to the Road Safety Centre itself is via the main entry point to Thebarton Barracks and then follow map outline on foot to the south west corner as displayed above.

More details will be given when we get a little closer to the July Meeting!