

Gawler & Districts

www.gawler4wd.com.au

4WD Club Newsletter

August 2013



Founded in 2002



Gawler and Districts 4WD Club Incorporated
is an active and supporting member of
Four Wheel Drive South Australia



Horseshoe Top End - March 2013

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WELCOME

to the Gawler & Districts 4WD Club

Previously known as "The Light Four Wheel Drive Club of SA Inc." this active 4WD club was founded in 2002. Members voted at the March 2008 meeting to change the club's name and meet at Gawler to give the club a more recognizable name and a more central meeting place.

It has become a very social club and has run many a successful day, week-end, long week-end and extended trips. We are a member of the Four Wheel Drive South Australia which incorporates the Driver Training Unit. Most meetings include a Guest Speaker and a monthly club newsletter.

If you are a visitor to tonight's meeting, we welcome you and your family to our club. Please ask as many questions as you want. You can join us on up to 3 club outings before becoming a member. Trip Leaders run each outing and will be glad to help you with tips on four wheel driving and how to get the best from your vehicle. If you would like to join us on any trips and enjoy what 4WD can really bring, please fill out your details on our Trip Sheets.

The Club meets every second Friday in the month at 7.30 pm at the Gawler Elderly Centre Hall in Fourteenth Street, Gawler.

The meeting dates are shown on page 3 of this newsletter.

Annual membership fees are \$60 per vehicle/family, plus \$10 joining fee.



**Gawler & Districts 4WD Club
Inc.
P.O. Box 486
Freeling SA 5372**

Enquiries Contacts: President & Secretary
0410 526 317 (Peter - President)
08 8523 2507 (Deb – Secretary)
EMAIL: info@gawler4wd.com.au
WEB: www.gawler4wd.com.au

COMMITTEE MEMBERS

PRESIDENT/PUBLIC OFFICER Peter : 8523 0889 or 0410 526 317	VICE PRESIDENT Wayne : 8523 0407 or 0432 339 213
TREASURER Quenton : 8523 2507 or 0407 604 601	SECRETARY Deb : 8523 2507
EDITOR Sandra : 8523 0889	MINUTES SECRETARY Lyn Li : 0418 826 156 Lyn Le : 8524 9002 or 0403 332 432
PUBLISHER Chris : 8280 7414 or 0438 223 724	TRIPS/PROPERTY LIBRARIAN CO-ORDINATOR Dave R : 8525 2765 or 0419 992 881
SOCIAL SECRETARIES Jane : 8523 0657 or 0409 091 851 Sandra : 8523 0889	TRAINING CO-ORDINATOR DTU DELEGATE Dave H : 0411 772 226
WELCOMING OFFICERS Kerry / Norma	ASSOCIATION DELEGATE John : 8522 5664 or 0408 824 654

SCHEDULE OF MEETINGS**2013**

Meeting	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
General		8	1	12	10	14	12	9	13	11	8	13
Committee	30	20		3	1	5	3		4	2		4
							31			30		

NOTE: DEADLINE TIME - All newsletter articles to the Editor before Committee Meeting date

Club committee meetings commence at 7:30pm on the scheduled Wednesday, on a rotating basis, held at various committee members' homes. All club members welcome.

Last General Meeting**July 2013****See the attached Minutes (members only)**

GAWLER & DISTRICTS 4WD CLUB



Stickers For Sale – Only \$2.00 each

Magnetic Name Badges - \$10 each

See **Quenton** at the General Meeting

NOTES FROM YOUR COMMITTEE

Editor's report:

A warm welcome to all club members and visitors alike.



Pete and I extend our apologies for not attending the meeting this month as we will be out of the country, perhaps enjoying a drink or two on a Mauritian beach, however, I would like to thank Deb, Lyn Le and anyone else who steps in at the last minute to assist Jane with supper, raffles, etc at the August meeting. Your assistance is greatly appreciated.

Due to some changes, we are now looking for a speaker for the September meeting. If anyone has any suggestions, please let a committee member know. Thank you.

It was also pointed out at the last committee meeting that the October general meeting coincides with the Warraweenaa trip, however, after some discussion it was decided to leave the meeting date as it is. Brian Sambell is the speaker for the October meeting so we hope that the remaining club members will make him welcome and enjoy his presentation !!!

Sandra

Treasurer's report:

Thank you to all the members for their help towards the recent Woolies BBQ. Dave Riddle again co-ordinated and ran a very successful BBQ. Thank you also to Wayne for picking up supplies and to Steve for bringing his shelter. We had a good turn up of members to volunteer their help during the day - THANK YOU!



The monies raised have enabled the club to purchase a large Projector screen, a second storage cupboard and new equipment for the training recovery kit. The Committee also has a proposal to partly fund members training in First Aid. This will be presented to you at the August meeting to be discussed and voted on. Our guest speaker from St. John will be able to tell us more regarding local training etc.

PS - Remember to be on the search for a fancy tea cup and saucer for the September Mystery Drive High Tea!

Quenton



COMING EVENTS

<i>Peake Social Weekend</i>	Saturday 10th & Sunday 11th August 2013
Trip Limit:	No limit – Maybe shared with Barossa and Wanderers Clubs
Trip Details & Requirement:	Sand driving, caravans, campers, tents. Need to be self sufficient. Sand flag, compressor, shovel, UHF radio and rated recovery points. Bring warm clothing and wood.
Cost:	\$20.00 per vehicle per day, \$10.00 deposit required (refundable up to 1 meeting beforehand.)
Meeting Place:	Back of Shell Roadhouse at Taillem Bend on Saturday 10th, ready to leave at 9.00 am sharp.
Trip Leader:	Stephen K
<i>Mystery Day Trip</i>	Sunday 22nd September 2013 "Planes, Trains & Automobiles – High Tea"
Trip Details:	A "Mystery Day" trip that involves driving the back roads and visiting local attractions. Bring: Morning tea, picnic lunch, mini scones or sandwiches or slices or cakes and your best fancy tea cup and saucer for a shared "high tea" afternoon tea. Prize for best tea cup and saucer You will also need chairs, picnic rug, table, UHF radio
Cost:	Adult: \$5.00 Child: \$2.00 (under 16)
Meet:	Gawler Railway Station car park – 9.00 am Sunday
Trip Leader:	Quenton, phone 0407 604 601
<i>Bri Glen Park Long Weekend</i>	Saturday 5th – Monday 7th October 2013
Trip Limit:	12 Vehicles
Activities:	An ideal property to learn 4WDing & capabilities of your vehicle
Type:	Driving the Dare Hill Circuit, exploring Bri-Glen property near Hallet north of Burra, driving back mountain track, Bri-Glen springs, Cobb & Co track, Reg Sprigg look-out, Bri-Glen lookout, old gold mine, night 4WDing + new tracks. Motor bikes okay with permission of owner. Flush toilet, no power. Note: Daylight saving starts on Sunday 6 October 2013.
Costs:	\$20/vehicle (up to 2 people) + \$5.00 per extra person per day. Gold coin donation for Sir Hubert Wilkins cottage.
Requirements:	FULL tank of fuel at meeting point. Camper trailers, tents, swags, off-

	road vans, recovery gear, jack plate, walking shoes, all food and water, camp ovens, bedouries, cameras.
Meeting Place:	7.30 am Saturday, Tarlee parking bay in town (with public toilets – next to roadhouse.)
Trip Leader:	Quenton – phone 8523 2507 or 0407 604 601

Warraweena Conservation Park	Sunday 6th October to Monday 14th October 2013
Trip Limit:	No limit. The trip sheet is filling up so if you are interested in going along please put your name down ASAP as final numbers are required to enable camp sites to be booked.
Trip Details & Requirements:	<p>Bush Camping in a secluded & scenic campsite, long drop toilet, a campfire ring and a big camping table. There is also a laundry, shower block and toilet block for public use situated next to the shearers' quarters.</p> <p>540 kms north of Adelaide in the heart of the northern Flinders Ranges encompassing 355 sq kms of the highest and most diverse land in the area. It is an area of historical, cultural & natural significance.</p> <p>Access to Warraweena is via Beltana Roadhouse where fuel is available Monday to Friday 8.00 am to 5.00 pm and Saturday/Sunday 9.00 am to 5.00 pm. The homestead, which is 2WD accessible, is approx 50 minutes away from Parachilna & Leigh Creek.</p> <p>4WD is essential on most station tracks. Caravans, campers, tents all okay. Further information, costs, etc, please see: www.warraweena.com</p>
Cost:	Please refer to website
Meeting Place:	Tarlee Car park (LH side) meet at 7.15 am, leave 7.30 am
Trip Leaders:	Dave & Michele Mobiles: 0419 992 881 (Dave) 0419 813 805 (Michele) or phone 8525 2765

TRIP PLANNING

This has been passed on by FWDSA for anyone contemplating a Simpson Desert crossing this year.

Please be aware that the Warburton Crossing (south eastern access to the Simpson Desert) is open but the French Line has been damaged by a group towing trailers which makes it worse for the rest that follow. The recommendation is not to take trailers across the Simpson.

**Morgan Training
Weekend****Saturday 26th & Sunday 27th October 2013**

Trip Limit:	Members only (training weekend)
Trip Details & Requirements:	Rocky terrain, inclines, declines, recovery. Staying at the Morgan Caravan Park, contact no: 8540 2207. Rated recovery points, recovery equipment, eg: snatch straps, high lift jack, shovel, etc.
Cost:	\$22.00 per night (unpowered site) and \$28.00 per night (powered site) – Estimated \$10 per vehicle per day Training Site Entry!
Meeting Place:	The Industrial Park, Willaston, northern outskirts of Gawler. Ready to leave at 8.00 am sharp.
Trip Leaders & Social Leader::	Dave & Karen – Phone 8524 3508 or 0411 772 226 Nick B

GPS/OziExplorer**Saturday 16th & Sunday 17th November 2013
In conjunction with the Toyota & Overland 4WD Clubs**

Limit:	30 persons
Where:	DTU Training Centre, Cavan
Details:	Ralph Abbot of the Toyota 4WD Club will conduct training for GPS/OziExplorer. It is expected to be a one day course but if practicals are conducted, it could be extended to two days. If only one day then it will be held on Saturday 16 November. Number of days TBA.
Requirements:	Handheld GPS (if you have one) and a computer with a registered version of OziExplorer. The computer can be a laptop or tablet, etc. Unregistered versions of OziExplorer have limited functionality and cannot complete the exercises that will be set during the course. One of the main uses for OziExplorer (coupled with GPS in a vehicle) is Moving Map which shows your vehicle position as you travel. The first couple of hours will cover GPS and mapping systems. The remainder of the day will be dealing with OziExplorer, equipment for Moving Map and completing exercises that show the capability of OziExplorer. First in, best dressed, so please advise your interest ASAP..
Leaders:	Ralph Abbot, TLCCSA, and Peter H, Gawler 4WD Club Phone: Peter 0410 526 317 or email Ralph: rabbitrampant@hotmail.com .

Christmas Show Saturday 30th November 2013

Trip Details:	Please see separate notice in magazine Wallaroo North Beach Caravan Park Phone number: 08 8823 2531
Cost:	Powered sites (off peak rate) \$31/night Unpowered sites (off peak rate) \$26/night Ensuite Powered Sites (off peak rate) \$38/night Extra adult \$11/night and children \$6/night These charges apply to all sites.

PROPOSED TRIPS

- **July 2014:** **Proposed trip to Cape York. Trip Leader: Darryll G**
- **TBA** **Punyelroo in the lower Riverland**
- **TBA** **Trip to the Observatory at Stockport, Jane J to advise.T**

GUEST SPEAKERS

These guest speakers have kindly agreed to talk with us (at the following general meetings):

August	Patrick Fitzpartick will be the guest speaker from St Johns re First aid kits and supplies Bring your first aid kits along to be checked to see if the contents are still valid and within the "use by" date.
September	Steve Johnson is unable to be the speaker due to matters outside his control and we are hoping to re-schedule him for the November meeting.
October	Brian Sambell to talk about his recent trips including a trip to the Darling.
November	Proposed visit to Johnno's new store in Nuriootpa. This will probably be cancelled now and replaced with Steve Johnson. Jane to confirm.

RAFFLE ROSTER

We ask if all members could kindly donate an item for a raffle prize each month to approx value of \$15. **Fathers' Day is coming up in September, so we are looking for donations especially for Dad. The raffle will be drawn at the September meeting on 13.9.2013**

These can be given to the Social Committee (Sandra or Jane) any time. Thank you.

JULY 2013

*Quenton & Deb E
John & Astrid G
Darryll & Joan G*

AUGUST 2013

*Karen & Dave H
Peter & Sandra H
Wayne & Sandra H*

SEPTEMBER 2013

*Alan & Barbara H
John & Jane H
Stephen K*

BIRTHDAY WISHES

Gawler and Districts 4WD Club wishes to extend a Happy Birthday greeting to the following members and family:

◆◆◆ AUGUST ◆◆◆
Kaleb B
Susan B
Marie C
Michael M
Jessica R
Keryn W



A "FRIDAY FUNNY" (THANKS TO LYN)

How to wash a Cat ...



1. Thoroughly clean the toilet.
2. Add the required amount of shampoo to the toilet water and have both lids lifted.
3. Obtain the cat and soothe him while you carry him towards the bathroom
4. In one smooth movement, put the cat in the toilet and close both lids (you may need to stand on the lid so that he cannot escape.) Caution: Do not get any part of your body too close to the edge as his paws will be reaching out for any purchase he can find. The cat will self-agitate and make ample suds. Never mind the noises that come from your toilet, the cat is actually enjoying this.
5. Flush the toilet three or four times. This provides a "powerwash" and "rinse" which I have found to be quite effective.
6. Have someone open the door to the outside and ensure that there are no people between the toilet and the outside door.
7. Stand behind the toilet as far as you can and quickly lift both lids.
8. The now-clean cat will rocket out of the toilet and run outside where he will dry himself.

Sincerely



[The Dog]



INFORMATION ON OTHER EVENTS

Bri Glen

If anyone is interested in camping at **Bri Glen** please contact Brian Sambell direct to make arrangements. If you would like to organise a group trip to **Bri-Glen**, discuss with Brian first and then we can promote the trip within the club.

Contact Brian directly on 8522 2871

Mt. Lofty Rangers 4WD Octoberfest

October Long Weekend 2013



What is 4WD Octoberfest

It is a fun, non-competitive event designed to bring 4WD clubs from all over South Australia to Peterborough in a similar scenario to the successful Biannual Whyalla Weekend. No catering is provided, it is a self catering activity.

Accommodation

Bush camping is available at Willangi Bush Escapes Camp Grounds, with bush toilets and bush showers provided. The cost of camping is included in your registration cost. Peterborough has a range of accommodation including a Caravan Park, Hotels and Motel. For further information on these please contact the Peterborough Tourist Information on (08) 8651 2708

Activities

Activities run from Saturday morning until Monday lunchtime, currently these include:

- ***Tag Along Tours
- *** Geocache Event
- ***Saturday Night Strickland Road Band / Camp Fire
- *** Kids Off Road Bike Track
- ***Sunday Night Camp Cook Comp / Camp Fire
- ***Sunday Night Children's' Movie night
- *** Night Time navigation Drive

Entry Cost

Vehicle numbers will be limited to 90

\$110 per vehicle for weekend (if registered and paid prior to 31st July 2013)

\$135 per vehicle for weekend (if registered and paid from 1st August to 23rd September 2013)

General enquiries and / or lodgement of registration forms including payment

Note you must have pre-registered by phone or email to obtain your personal entrant number before lodging registration forms and payment.

Post: Mount Lofty Rangers Inc

PO Box 1150, BLACKWOOD SA 5051

Ph Paul on 0408 900 889

email paul@designmt.com.au

Please keep an eye on our website www.mountloftyrangers.com.au

for trip updates, downloadable brochures, registration forms and merchandise.



Max and Lyn being presented with a thank you gift from all of us for leading their successful and enjoyable trip to Kookaburra Creek on the June long week end.

Well done! We hope you are encouraged to lead another trip

Thanks to all participants for contributing to the gift and Keryn for her excellent choice.

[Jane & John]

SPONSOR ACKNOWLEDGEMENTS

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Gawler**

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485 Main Nth Road
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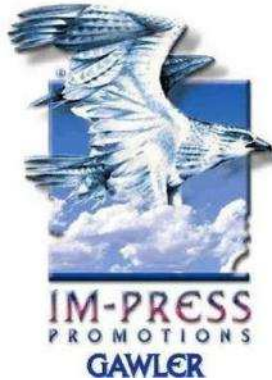
www.impress.net.au

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Fax: 8523 2117

Open Mon – Fri
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Gawler Fishing & Outdoors

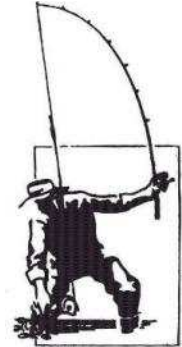
48 Murray St Gawler SA 5118

Phone 08 8522 6200

fishnout@bigpond.net.au

Club Discount with **club card
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- *Fishing Tackle
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Gawler SA 5118

Ph. 8522 1009

Email
lori39@tpg.com.au
Bookings advisable



The **Gawler and Districts 4WD Club** would like thank the **Wurth Group** and their representative, Neil Burton for kindly donating **Wurth** products to the club for use as raffle prizes.

Anyone interested in any products from the **Wurth** product range should check out their website: www.wurth.com.au

Contact **Neil Burton Ph 0400 075 227** to order any of their products.



The **Gawler and Districts 4WD Club** would like thank **Johnno's Camper Trailers** for kindly donating an Evakool ice box to

the club to use as a raffle prize. Anyone interested in camper trailers, camping gear or camping products should contact Johnno's Camper Trailers.

Check out their website www.campertrailer.com.au or

contact **Brian or Susan** on 08-8562 8370.

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Apr 2014



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- Sponsored Adverts
- Event Advertisers
- Classified Adverts
- "For Sale" items



Advertising Rates (12 months)	
Quarter Page	\$50
Half Page	\$100
Full Page	\$200
One off Advert : \$10	

Contact our editor editor@gawler4wd.com.au for details
[Fees apply and payment has to be made prior to printing]



MEMBERS NOTICE BOARD



PLEASE NOTE

PHOTO COMPETITION

The committee has decided that the photo competition this year will be run by John J and some rules have been proposed to make it fair for all...

The PHOTO COMPETITION RULES:

- (a) Two categories OPEN and FUNNY;
- (b) Each member may enter up to four (4) photos per category
- (c) Photos should be copy (not originals) - Size 15cm x 10cm (6"x4")
- (d) OPEN photos must have been taken on a club trip during the last 12 months
- (e) All photos must be labelled on the back with your name and where the photo was taken
- (f) Entries to be handed to John or Jane by close of November General meeting (8th Nov)
- (g) Late entries will not be accepted
- (h) All judging is carried out by our sponsors (and their decisions are final!):
OPEN - Gawler Fishing and Outdoors - FUNNY - La Dolce Vita

So get clicking and get those photos in ... really GREAT PRIZES!!



TRIP REPORT COMPETITION

As well as the above, we will be running a special competition this year to reward those who submit a Trip Report throughout the year!

It doesn't matter whether the report is long or short, whether you have written one or more reports, your name will go in the "hat" for each report that is written and a winner will be drawn out of the hat at the end of the year at the Christmas Show BBQ. So the more reports you write the better your chances of winning!

There will be another great prize, so please, get writing!!!

FOR SALE

FREE MEMBER'S "FOR SALE" ADVERTISING



Members can submit requests for a "FOR SALE" ad, free of charge, but there are some guidelines:

- (a) Maximum of 6 lines per ad (similar to a typical local newspaper ad)
- (b) Adverts can only appear for a maximum of 3 consecutive months
- (c) No pictures, text only (you can run a pictures ad for \$10 a month)
- (d) Must supply contact details (either a phone or email)
- (e) Editor reserves rights to reject and/or tailor any submitted adverts.

Please send full details to our editor editor@gawler4wd.com.au for inclusion in our next newsletter providing it arrives BEFORE the newsletter deadline! (See page 3)

NONE RECEIVED THIS MONTH

MONTHLY RECIPE

My daughter recently came home from Sydney to attend a baby shower and baked a batch of these delicious brownies to take with her. I cannot acknowledge which book the recipe came out of, as I don't know (the recipe was passed onto Sarah by a friend,) so we'll just call them Sarah's Brownies for now.

SARAH'S RASPBERRY AND WHITE CHOCOLATE BROWNIES

Ingredients: (makes approx 18)

150g butter, chopped

200g Dark cooking chocolate, chopped

1 cup (220g) caster sugar

1 teaspoon vanilla extract

3 eggs, beaten lightly

Half cup (75g) plain flour

Half cup (75g) SR flour

100g white eating chocolate, chopped

150g raspberries (fresh or frozen) – could use macadamia nuts or hazelnuts if you don't like berries.



Method:

Preheat oven to moderate (150C/160C fan forced.) Grease deep 19cm square cake pan, line base and two opposite sides with baking paper, extending paper 2 cm above sides. (I used a brownie baking pan and it worked just as well)

Melt butter and dark chocolate in a medium heatproof bowl over a saucepan of simmering water (the microwave works just as well – don't overdo the melting, do it a bit at a time)

Stir in sugar and extract, then eggs, sifted flours, white chocolate and raspberries. Spread mixture into prepared pan. Bake, uncovered, for about 35 minutes or until just firm. Cool in pan. Turn out and cut into squares.

Preparation time: Approx. 20 minutes **Cooking time:** 35-40 minutes

They are deliciously squidgy and seem to improve if kept a day or two.

Enjoy!!

CHRISTMAS SHOW 2013

Christmas Show 2013

WHERE: WALLAROO NORTH BEACH TOURIST PARK

WHEN: SATURDAY 30 NOVEMBER 2013

Beach frontage, safe swimming, excellent fishing & sailing.

FACILITIES INCLUDE: Undercover electric barbecues area, playground, recreation room, camp kitchen, disabled facilities and kiosk which provides ice, gas refills, milk, bread, papers, tourist information and general groceries.

For more information please see:

www.wallaroonorthbeachtouristpark.com.au

PHONE: 08 8823 2531

***** See price details under "coming events" ***
10 sites provisionally booked.**



IDEAS AND INFORMATION

MOBILE PHONES

The Advertiser provides lots of advice and here is another regarding the safe disposal of **Mobile Phones**

Planet Ark advise that mobile phones are not biodegradable and should not be thrown in the bin as they contain small amounts of potentially harmful substances which, if not managed properly, might harm the environment.

Not-for-profit program MobileMuster collects mobile phones and all of the components are fed into the recycling process – none is refurbished and sold. To find your nearest drop-off point, see mobilemuster.com.au or call **1300 730 070**

Alternatively, free recycling satchels are available from Australia Post so you can post your phone to MobileMuster.

**** As a PS to this, Barbara H has advised me that the TAFE College in Gawler (corner of Lyndoch Road and High Street) is now registered with Mobile Muster and is also a collection agency for the recycling of mobile phones. The re-cycle bin for all mobile phones and mobile phone accessories is located at the front reception office and is available to anyone who wants to recycle their old broken or unused phones. The campus open hours are 8.45 am to 5 pm.**

Barbara also advises that the phones are broken down & pulled apart exposing the cobalt, lithium, copper and other components to be recycled which prevents the need to mine for these materials in the Sumatran Tiger and Orangutan habitats which is one of the reasons these beautiful animals are now listed as "endangered."**

It's up to all of us to help to protect the world's threatened species for the enjoyment of future generations.

FLINDERS RANGES BY BIKE

Although this is not a 4WD trip report, I thought I would share my quick motorbike trip to the Flinders by one wheel drive.

The forecast was for 3 days of "mostly sunny" weather, so a perfect opportunity to enjoy a motorbike ride and get area after all this home on Sunday at listening to "Australia walkman, but by not get the volume switched it off. from my brother, the Peugeot Car Club their recent re-Redex car trial and how their grandfather of bogs with his farm he was talking about and I, when we met re-enactment a few weeks ago. I was disappointed I didn't persist with the radio, although through modern technology, I did hear it on the ABC website Podcast.



It rained as I went through Clare (no surprise!) but fined up when I stopped at Spalding for a "pit stop" and stopped at Jamestown to re-fuel at the 24 hour fuel depot. Too early for the Jamestown bakery, so stopped at Orroroo's Maggies Rendezvous Cafe for scones and coffee.

Another pit stop at Wilmington and a chat to 3 fellow bikers on their way to Arkaroola. They too had ridden this way to include the "Horrocks Pass" in their ride.

I enjoyed the Horrocks Pass, it is very pretty and a good twisty motorbike road, in fact, I rode it twice; why not, I'm on holidays! The second time I took some video as it was now quite foggy and quite a different view of the Ranges.

I rode through Pitchi Ritchi Pass and the creeks were flowing across the road in several places. Like a kid, I rode through the deepest one twice too.



I settled into my bunkhouse at the Quorn Caravan Park. Gary and Bronwyn (park owners) were away, but had left me the key and had put a heater in my room (which I used to dry the bottom of my Kevlar riding jeans - how did they get wet?) I was right next to the excellent camp kitchen and just across from the toilets. Deb and I have stayed at this park before and really liked it.

At \$40 per night for the bunkhouse (private room with double bed) and I had packed breakfast provisions and bedding, it was a comfortable and cheap stay. I like the social aspects of staying in a caravan park and everyone seemed to have a "motorbike" story and thought I was tough/brave/mad to tour on a motorbike in winter. Little did they know I had my hand grip heaters set to "high".

Sunday night is Pizza night at the Austral Inn hotel, so that sorted out tea. While I sat at the bar I got talking to a couple of "backpackers" from Germany touring around Oz in a 4wd VW Ute. Three local lads had been teaching them "Rhyming Aussie Slang"; it was quite funny, although quite a bit was made up! Karl was telling me they are taking photos of place names around Australia with him "mooning". Standing up, grabbing his jeans he said he would show me..... I was relieved to see him just pull out his iPhone.

The usual spots were shown, NT border, Great Ocean Road and even Laura (with a ice cream cone placed.....well, you can imagine where!) I told them about Pitchi Richi Pass and how the sign often gets defaced by removing the first letters - they thought that was great and would include that in their photos. I then asked him if he "has a blog when you are doing this?" At this, he just roared with laughter and my Pizza was ready in the dining room. As I was eating my Pizza I realised what he thought I must have said! I left the "rubbidy dub" after farewelling my new china plates and before hitting old Ned, I rung the trouble n strife on the dog and bone.

I woke to quite a sunny morning. The creek was still flowing behind the caravan park, I could hear it flowing all night. Gary said it is the longest it had flowed in the 8 years they have been there. It usually only flows for about 8 hours, this time it flowed for days!! I re-fuelled at Hawker and Janet told me the roads in the National Park may be closed due to all the rain.

I headed towards Wilpena, and the Ranges were cloaked in fog, quite a pretty sight. All the creeks were running, but passable, so I stopped by one on Moralana Scenic drive for morning tea. I set off on the road and met a Landcruiser ute coming the other way along a low particularly slippery patch. I knew if I stopped I might get bogged, so I carefully slipped past him, yelling a quick "G'day" and trying not to hit his Border Collie with my mirror as I slithered past his tray top.

The ute didn't seem too muddy, so how hard could this track be? Further on I encountered a really muddy patch and this time I rode along the wheel ruts as trying to keep the front wheel straight was a joke. Just as well no one was looking as I snaked along with feet flaying about just trying to stay upright! I could see a red Hilux 4WD coming, so I stopped on a stony patch on a hill. It turned out

to be the son of the farmer in the Landcruiser. The Hilux was actually white (I could see a patch on the roof that the windscreen washer water had washed off) he told me he "wouldn't even ride this road on my bloody blah D blah 650" Thinking this must be a far better bike than my city "adventure" bike, I decided to turn back.

Bronte (I didn't get his name, but somehow it seemed to fit) was waiting for me across the muddy patch. I tried to look like a pro as I gunned it through, following his wheel ruts, hoping I wasn't going to end up on YouTube!



Back on the bitumen now, I headed to Wilpena. Checking in at the Visitor Centre, the roads through Brachina and Bunyaroo Gorges were closed.

I headed to Blinman and saw lots of 'roos and emus on the way. It was quite a good motorbike road with some fast Johnny Horner's. Although disappointed I could not travel through the gorges, I still enjoyed seeing the countryside so green and all the creeks running. It was very pretty.

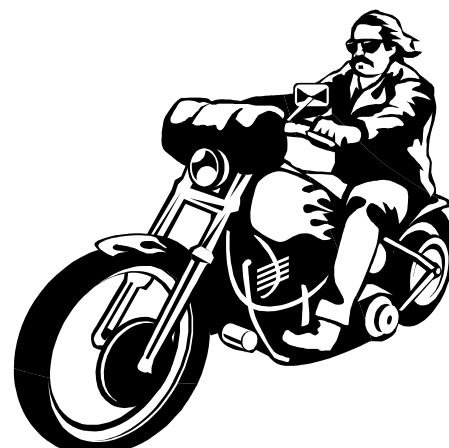
I had a look around Blinman and was impressed by the work they have done to offer tours in the mine. Called into Wild Lime Cafe and for something different had coffee and scones (with homemade strawberry and quandong jam).

Took my time on the ride back, stopping at look-outs and enjoyed the scenery and sunshine. Arrived back at Quorn just on dark and headed to Emily's Bistro for dinner. Set in the old "The Great Northern Emporium", it has original shop fittings and working cash/docket flying fox. It was like a step back 100 years. The food is home cooked and hearty; definitely worth a look if you are around Quorn.

After a lazy breakfast I headed for home. Again I rode through Pitchi Richi Pass - couldn't see any signs, so Karl and his girlfriend will think I'm pulling their leg. The council is probably sick of replacing them! Rode through Horrock's Pass and stopped at Hancock's Look-out. I had a look at the Melrose Showgrounds camping area, a caravan club were staying there and enjoying a game of bocce and quoits. Checked out the track to Spring Creek mine just out of Wilmington, the creek was roaring with water which was great to see.

After checking out bakeries and cafes (research for future club trips!) I was sadly pulling into Gawler and the end of a fun few days. It is always good to leave something for another trip, so will return one day on the bike when all the tracks are open through the gorges.

[Quenton]



TRIP REPORTS

Trip Report – Visit to SA Police Road Safety Centre

Friday 12th July 2013

For our July meeting, we had the pleasure of attending the SA Police Road Safety Centre at the Thebarton Police Barracks. We assembled on a rather cold and damp evening at the centre where, after a short business session, we feasted on Pizza and soft drinks.

Our host for the evening was Snr Const Paul Bryant (Road Safety Educator). Many of us have been entertained by Paul on previous occasions and, as was expected, we were not disappointed with the information he provided and the anecdotes he related.

The primary topic for our talk was “4WD Vehicle Modifications and Carrying Capacity”

Paul has been with the SAPOL Road Centre team for many years and, as a recreational four wheel driver he understands the competing priorities between the Australian road rules and the desire for those heading off into Whoop-Whoop to load up mum, the kids, enough food and drinks for a month along with the veritable Taj-Mahal, complete with the kitchen sink. OK, so not all of us cram that much in, but we might be surprised just how limiting the law (aka road rules) is.



Clearly, some of the “super-size” modifications we see around significantly change the characteristics of the original vehicle. However, how many of us really know what can, and cannot, be done to a vehicle once it leaves the showroom floor? Typically, many of us might want to:

- Raise the body (install a lift kit) to get greater ground clearance;
- Fit larger tyres for “improved” off road capability;
- Fit bull-bars, winches, spare wheel carriers, the list goes on;
- Fit lots of storage for the carriage of the all-important necessities for travelling in remote places;
- Remove seats to increase storage space.

Can we legally make any of these changes?

Paul went to great lengths to address these, and many other, related questions. The answer to all of these issues is “yes: **PROVIDING** the modification complies to the existing rules and, if not is **approved** by a Chartered Professional Engineer.

This report is not the place for authoritative answers to the issues listed above, but let me summarise some of the points highlighted by Paul:

- **Body Lift**
In general, we can raise the vehicle by a maximum of 50mm without requiring an engineer’s certificate
- **Tyre Changes:**
The maximum increase in DIAMETER from the size shown on the vehicle placard is 15mm
- **Bull-Bars and Tyre Carriers:**
Yes, we can fit them, but there are new rules relating to the shape of the bull-bar and protrusions.
 - No longer will the great big new Land Cruiser be able to be fitted with the traditional “four poster” bar – need to be a nice conformal shape

- Remember the days of the half dozen fishing rod holders proudly mounted on the bull-bar – not any more – “cheese graters” are banned and your vehicle can be defected if you have them fitted.
- **Gross Vehicle Mass (GVM):**
 If you fill your vehicle to physical capacity with fuel, water, food, camping gear, mum and the kids, you are probably going to be overweight. Each vehicle has a specified GVM and you will be breaking the law if you exceed this limit. While GVM upgrades are possible, the rules are very complex and you should get professional advice.
- **Lights:**
 Do you reckon that the 10,000 lumen LED bar on the roll bar on your ute looks pretty cool? You might, but this would be illegal; driving lights need to be at the front of the vehicle and in pairs.

Bottom Line:

Before you modify your vehicle, make sure you get **authoritative** advice.
Paul says "I am not qualified so my advice above is NOT authoritative!!!!!"

Naturally, if you get a modification approved by an engineer be sure to carry copies of the certificates with you!!

Some References:

ADR Definitions:	http://www.comlaw.gov.au/Details/F2011C00064
Australian Design Rules (Passenger Vehicles):	https://www.infrastructure.gov.au/roads/motor/design/pdf/ADR_Applicability_Summary_M_Group.pdf
Vehicle Modifications	http://sa.gov.au/subject/Transport,+travel+and+motoring/Motoring/Vehicles+and+registration/Vehicle+standards+and+modifications

[Pete]



Towing Capacity Checklist



Vehicle capacity

1	Gross vehicle mass (GVM)	
2	Kerb weight	
3	Pay load	
4	Ball weight	
5	Legal towing mass	

Caravan capacity

6	Aggregate trailer mass (ATM)	
7	Tare	
8	Pay load	
9	Gross Trailer weight (GTM)	
10	Ball weight	

Definitions of weights

1. GVM is the maximum weight permitted for the motor vehicle as nominated by the manufacturer.
2. The kerb weight is the unladen weight of your motor vehicle & will include all added extras as well as a full tank of fuel. It is this weight that varies as all motor vehicles are personalized with added extras.
3. Take away the kerb weight from the GVM and you will have the vehicles current payload capability.
4. The ball weight is a given weight by the motor vehicle or tow bar manufacturer.
5. The legal towing capability of a motor vehicle is generally nominated by the manufacturer.
6. ATM is the fully loaded weight of a caravan or trailer when not connected to the tow vehicle.
7. Tare is the unladen weight of the caravan or trailer when not connected to the tow vehicle.
8. Take away the tare from the ATM and you will have the caravan or trailers payload capability.
9. GTM is the weight of the caravan or trailer transmitted through the axle to the ground when connected to the tow vehicle
10. The ball weight is generally 10% of the ATM. It is this weight that is transferred to the tow vehicle.

Please check with motor vehicle and caravan manufacturers to ensure your weights are correct as there are major risks involved in towing a caravan or camper trailer using an under sized towing vehicle.

Use this check list as a guide to ensure compliance.

For further information contact the Road Safety Centre on 8207 4685

Club Fundraiser at Woolworths Sausage Sizzle, Saturday 6th July, 2013

As reported by our Treasurer last month, we raised \$ 1100.00. This was a fantastic effort and certainly was a big boost to the club coffers.

Our sincere thanks must go to Dave R our main organiser and supplier of equipment. Thanks also to Quenton and Wayne for doing the purchasing of our supplies.

It was a tremendous team effort by the members who volunteered their time, so thanks to everyone who helped out in various ways including setting up, cooking, serving, cleaning and packing up.

Master Chefs?



[Jane and John]



Thanks
EVERYONE!

Natural First Aid For Campers

(words by David Bristow from "Go Camping" dated Autumn 2007)

Few camping adventures end without the odd sting or scrape. A long bushwalk leaves your muscles aching, the mozzies eat you alive, or perhaps it's one drink too many around the campfire that triggers your pounding head.

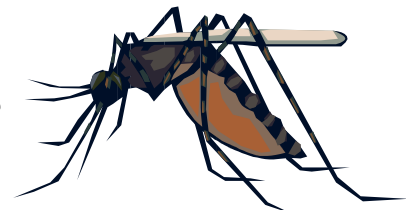
There are certainly enough pharmaceuticals on the market to cure all these ailments. But if a chemical-free alternative appeals to you, here are some natural first aid remedies that can be easily be carried on camping trips.

None of these simple treatments contain obscure herbs or potions, just common kitchen ingredients and safe plant oils that you can find in a supermarket. They will save you money and they really work!

You will need to carry a well-stocked first aid kit, but these natural remedies can replace many commercially-produced treatments for stings, cuts, burns, headaches, colds, blisters and muscular aches and pains.

INSECT BITES

A dab of apple cider vinegar or lemon juice is a good remedy for relieving the pain of minor bites and stings. Applying a neat dab of soothing lavender oil can also help relieve the itch that develops the next day.



As a very effective antiseptic, tea tree oil works well on mozzie and sandfly bites. Adults can dab it directly onto the skin, but for kids and those with sensitive skin, dilute a few drops of the oil in a tablespoon of witch hazel or cold-pressed edible oil (grapeseed, almond, olive, etc.)

As unpleasant as it may seem, urine is an effective treatment for relieving bull ant bites, but if you can't convince your patient, rub a little aloe vera onto the bite to relieve the pain and reduce swelling. Nothing brings a kid more quickly to tears than a bee sting. Once you have removed the stinger, pour vinegar over the site of the sting or hold a fresh slice of onion over the spot for pain relief.

MINOR BURNS



Cooking on a campfire creates a wonderful atmosphere in the bush, but unfortunately, they are often the cause of burns.

The first step in treating a burn is to get cold water onto the affected area as soon as possible; ice or ice-cold water from the bottom of the esky is best. Cool the burn for at least 10 minutes, or until the pain subsides. If the burn is serious, you'll need to get to a doctor or hospital as soon as possible.

For minor burns, once the skin is cooled, apply some aloe vera gel, which acts as a pain reliever, antiseptic and healing agent, then cover with a loose, non-stick dressing.

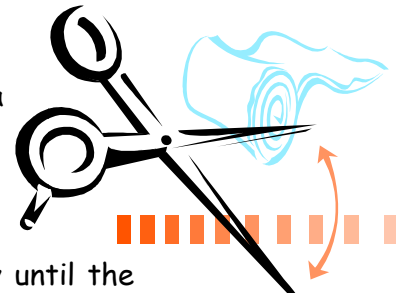
If you have aloe vera growing at home, break off a piece and if wrapped in plastic food wrap and stored in a cool place it should last two to three days, or up to 2 months in the fridge. For longer camping trips you can buy aloe vera gel from chemists, health food stores and some supermarkets.

Lavender oil is the most effective natural oil for treating minor burns, including sunburn, but the inside of a banana skin placed over the burn and bandaged loosely helps heal burns too.

CUTS AND SCRATCHES

Wash minor cuts and scratches well then apply a dab of aloe vera gel mixed with two drops each of lavender and tea tree oils. Both oils are good antiseptics.

Alternatively, add a few drops of either oil to a cup of fresh, cool water and apply with cotton wool. Repeat a couple of times a day until the cut heals.



SORE THROATS AND COLDS



To make a simple steam inhalation to treat colds, crush a handful of eucalyptus or tea tree leaves into a bowl with a squeeze of fresh lemon juice and pour over boiling water.

Place your head over the bowl, cover with a towel, close your eyes and breathe deeply for five to ten minutes (taking a break to breathe cool air when necessary.)

If you have dried bay leaves on hand, boil up about four leaves with a couple of cups of water and use as a gargle to relieve a sore throat.

Alternatively, sweeten the brew with a spoonful of honey and a squeeze of lemon juice, and sip slowly.

MUSCLE AND JOINT PAIN

For sore, throbbing bush walking knees, rub a few drops each of eucalyptus oil and lavender oil directly into any sore, stiff muscles. The lavender fragrance will also help you sleep restfully.

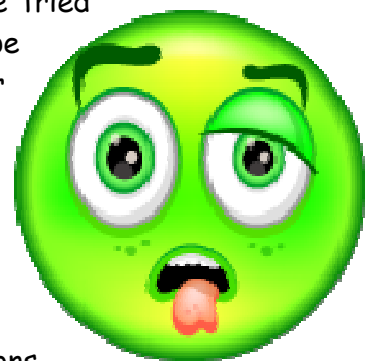
A blend of equal amounts of ginger, eucalyptus and peppermint essential oils mixed with about two teaspoons of cold -pressed oil is also soothing for tired, aching muscles.

TRAVEL SICKNESS

I can sympathise with those who suffer from motion sickness. I've tried wrist bracelets, ear patches and plenty over-the-counter drugs to cope with sea sickness over the years and found that nothing worked better than natural ginger.

Ginger tablets (available from chemists) are a good stand-by for the first aid kit, but I prefer to buy a knob of fresh ginger before each trip because it keeps well in the fridge or lasts for a few days in a cool spot.

Before you head out on the road or the water, grate about two teaspoons of fresh ginger. Mix half a teaspoon of the ginger with honey and swallow it down, or drink it as a tea with a squeeze of lemon juice. Repeat as needed throughout your journey.



HEADACHES

Lavender oil comes to the rescue to relieve headaches. Get a friend to massage a few drops of neat lavender oil into your temples and around the nape of your neck as you breathe deeply.

For children, mix the lavender oil with a little oil or water before you apply. The oil will soothe nerves and help you to sleep more restfully.



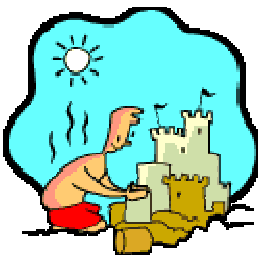
INSECT REPELLENT

We've all forgotten the insect repellent, but by rubbing arms and legs with equal amounts of lavender and eucalyptus oils, you can still 'ave a good weekend!

This combo helps to repel mosquitoes, flies and sand flies and you'll smell wonderful too! When applying, make sure you avoid your eyes and mouth, and if applying to sensitive skin (including on children) dilute in a little oil first.

Along with the newspaper, kindling and matches, my basic campfire starter kit also includes some dried clippings from a lavender bush. When thrown into the campfire, the fragrance helps deter mozzies. Alternatively, try burning a citronella candle.

SUNBURN



Forget to "slip, slop, slap?". For mild sunburn, particularly on the face, shoulders or back of the neck, cut a cucumber into slices and apply to cool and soothe the skin. Chilled aloe vera gel feels particularly soothing too.

BLISTERS

Wash the blister gently with soap and water, then gently massage in two to three drops of tea tree oil and cover with a non-stick bandage.

A FEW NOTES

Essential oils are potent: never consume them, keep them out of the reach of children and don't get them near eyes, mouths or genitals.

If you haven't used natural oils or aloe Vera on your skin before, do an allergy test first. Apply a dab on the inside of your elbow and wait a few minutes. If a rash appears or the skin begins to sting, wash it off and use something else.

When using natural oils on young children, always dilute them first in a little oil (olive, grapeseed, almond, etc.) some witch hazel or pure water.

Store natural oils in small glass bottles to keep them stable.